Level B1 General English Lesson 72

1 TOPIC QUESTION

# I am always late. What should I do?

私はいつも遅刻していまいます。どうしたらいいですか?

### 2 ARTICLE

**Directions: Read the following article aloud.** 課題:以下の記事をはっきりとした声で音読しましょう。



## Can't Wake Up

I try so hard to get up early in the morning but I simply cannot. I am a heavy sleeper and have to make my alarm really loud. Often I wake up, hit snooze and fall back to sleep. I set my alarm for 5:00 and I wake up at 6:50. I take a shower every morning, eat breakfast and prepare all my stuff for work so it takes time. I must leave at 7:30. Recently, I moved closer to work and bought the loudest alarm clock. My boss even moved my starting time back by 30 minutes. But I am still late. Why doesn't anything work?

My friends constantly tell me that I should go to bed early, or set something to look forward to like a "date". They won't be too impressed if I show up with my hair a tangled mess and not freshly showered. My mom also told me that I should set my alarm clock on my dresser halfway across the room. I followed all their advice, but still I find it hard to be on time.

One of my friends told me to get a pet. The alarm will awake the sleeping pet and the pet will want to wake me up. She said that cats are the best ones for this as they tend to sit on your face meowing until you get up. I thought that would be a great idea so I got a cat but it backfired. My cat sleeps with my sister.

## 3 VOCABULARY

**Directions:** First repeat after your tutor and then read aloud by yourself. 課題: 先生の後に続いてくり返した後、今度はひとりで発音してみましょう。

snooze	スヌーズ機能	tangled	入り組んだ
constantly	絶えず、いつも	meow	(猫が)鳴く
backfired	裏目に出る		

### 4 Questions

**Directions: Read the questions aloud and answer them.** 課題: 質問を声に出して読んだ後、答えてみましょう。

- 1. What is the author's problem?
- 2. What did the author do to try to solve her problem?
- 3. What advice was the author given?
- 4. Do you have trouble waking up in the morning?