

Lesson 15

1 TOPIC QUESTION

今日のトピック

How can we make people aware of annoying habits?

どうしたら迷惑な癖に気づかせることができるでしょうか？

2 ARTICLE

記事

Directions: Read the following article aloud.

課題：以下の記事をはっきりとした声で音読しましょう。



Confronting Annoying Behaviour

There is something about each of us that is bound to annoy someone else. What's important to remember is that the things that annoy us are not necessarily things that are wrong. They are, in fact, the things we have been taught to dislike. For example, if you were raised to believe that letting out a good, hearty belch at the dinner table is rude and disgusting, you will be annoyed by people who do it. But in some cultures, the reverse is true, belching is considered a compliment to the cook.

Most people don't behave a certain way with the intent to annoy others. In fact, they are usually unaware that their behavior is bothering you. So, before confronting someone about their annoying habit, try to determine why you find it so annoying. Often, simply considering the behavior from a different perspective makes it less annoying. If you still find the habit unbearable, then honest communication is a must. Explain to them about what's bothering you and why. Ask them if they would try to avoid the behavior when you are together.

Sometimes people are aware of a bad habit, but don't know what to do about it. If this is the case, offer your support. Ask what you can do to help. Take time to listen. It's not always easy to approach someone, but if you are kind, respectful, and willing to listen, these conversations can help you.

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3 VOCABULARY

語い

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後が続いてくり返した後、今度はひとりで発音してみましょう。

belch げっぷ

compliment 賛辞

intent 意図

disgusting 非常に不快

unbearable 耐えられない

habit 癖

4 QUESTIONS

質問

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

1. From the article, what is the best thing to do to avoid being annoyed by someone? Why?
2. Why do we need to consider the behavior from a different perspective?
3. How do you make other people aware of their annoying habits? Why?
4. Do you know if any of your habits annoy other people?