

## Lesson 69

## 1 TOPIC QUESTION

今日のトピック

# Do you think that gambling can be addictive? How can people stop it?

ギャンブルには中毒性があると思いますか？どうやったらやめることができますか？

## 2 ARTICLE

記事

Directions: Read the following article aloud.

課題：以下の記事をはっきりとした声で音読しましょう。



## An Escape from Reality

Some people try gambling just because it seems like a fun activity. Maybe they will lose a little money or win a little money. But for some people gambling can become an addiction and they lose complete control of their actions. This could lead to losing their family or home. Some people steal money to fund their addiction almost like a drug addict. They become social outcasts.

Other reasons why people become addicted to gambling is because they have suffered some misfortune such as a family loss, frustration or a huge disappointment. People try to forget about their painful memories by indulging in gambling. This is a kind of escapism. However, it's sometimes defined as pathological gambling.

To release yourself from the damaging cycle of gambling is extremely difficult and almost impossible to do on your own. There may be other dangers such as criminal organizations that offer to lend you money. Some people even commit suicide. So gambling addicts need help and support from both friends and family if they are to get back their lives. Organizations such as Gamblers Anonymous or professional counseling can often be a huge help.

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## 3 VOCABULARY

語い

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後が続いてくり返した後、今度はひとりで発音してみましょう。

**fund** 資金を供給する

**outcast** 追放人

**suffer** ~に苦しむ

**pathological** 病的な

**suicide** 自殺行為、自害

**criminal** 犯罪の

## 4 QUESTIONS

質問

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

1. Why do some people get addicted to gambling?
2. What are the dangers of gambling?
3. What do gambling addicts need to help them?
4. Would you like to try gambling? Explain why or why not.