1 TOPIC QUESTION

Which illnesses are you most concerned about?

どういった病気になることを最も心配していますか?

2 ARTICLE

Directions: Read the following article aloud. 課題: 以下の記事をはっきりとした声で音読しましょう。



Do Not Underestimate the Common Cold

There are so many incurable illnesses now that you need to protect yourself from. Some illnesses are curable, however some cause permanent damage, and some lead to very serious conditions.

Most people never think that the common cold is that dangerous because people catch colds frequently. However, it could be considered one of the most serious illnesses. The common cold is caught by exposure to affected people and it can spread quickly. It sometimes causes secondary infections to eyes, ears, lungs etc, and occasionally causes serious conditions such as pneumonia, which can eventually lead to death.

Nowadays, pneumonia can be quickly cured with modern antibiotics. But this is the case for young or healthy people. For babies and older people, the situation is different. What makes pneumonia dangerous for old people are the complications, such as heart disease, which tends to weaken the immune system.

3 VOCABULARY

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後に続いてくり返した後、今度はひとりで発音してみましょう。

incurable 不治の、治らない frequently 頻繁に、しきりに exposure さらされること affected (病気などに)冒された disease 病気

pneumonia 肺炎 antibiotics 抗生物質 complications 合併症、併発症 tend to ~しがちである immune system 免疫系

4 QUESTIONS

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

- 1. Why do people think that the common cold is not dangerous?
- 2. What can the common cold lead to?
- 3. What do you do when you catch a cold?
- 4. Share your experience about any illness you have had and the treatment you had.