

Lesson 73

1 TOPIC QUESTION

今日のトピック

Why do you think some people want to do extreme sports?

どうしてエクストリームスポーツをしたがる人たちがいると思いますか？

2 ARTICLE

記事

Directions: Read the following article aloud.

課題：以下の記事をはっきりとした声で音読しましょう。



The Excitement and the Risks

Generally speaking, extreme sports are activities that are often dangerous and sometimes little mistakes can cause injury or even death. So called extreme sports include sky surfing, rock climbing, water skiing, off road racing and bungee jumping. Those sports produce such a profound surge of excitement in exposing own's self to danger, that these days so many young people willingly participate.

People who do extreme sports have a strong craving to escape the boredom from ordinary life. As a child, TV games or fantasy movies and anime excited people and also gave them the dream of becoming a superhero. All children grow up and come to know that they cannot become a superhero, but they still want to feel that excitement. Some of them begin to do extreme sports so they can experience that excitement.

Enjoying extreme sports leads to danger and risks, however people need some refreshment for their mind and body to work off their frustration. Extreme sports is one method of managing their stress.

Lesson 73

3 VOCABULARY

語い

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後が続いてくり返した後、今度はひとりで発音してみましょう。

profound 深い、心からの

surge 感情の高まり、急増

expose (危険、困難等に) さらす

participate 関わる、加わる

craving 切望

method 方法、メソッド

refreshment 気分をさわやかにすること

frustration 欲求不満、失望

4 QUESTIONS

質問

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

1. What are some examples of extreme sports?
2. What is the main reason that people do extreme sports?
3. What are the risks of doing extreme sports ?
And what do you think they should do to prevent the risks?
4. Do you think you would like to do extreme sports? Why?