

## Lesson 75

## 1 TOPIC QUESTION

今日のトピック

# Do you think home remedies work?

民間療法は効果があると思いますか？



## 2 ARTICLE

記事

Directions: Read the following article aloud.

課題：以下の記事をはっきりとした声で音読しましょう。

## The Wisdom of Our Ancestors

There are various home remedies in every country. It is quite interesting that because of the cultural and traditional differences these remedies differ greatly among countries. Many of these home remedies that are used by people today have been around for thousands of years and you can hear about them in mythological stories.

One mythological story in Japan is called, 'The White Rabbit of Inaba'. There was a white rabbit that was stripped of its skin by a crocodile and was crying out in awful pain. It told its story to God Okuninushi who was passing by. Then God Okuninushi said, 'Go to the shore and clean your body, make a bed of cattail plant and roll on it.' The rabbit did exactly what God Okuninushi said, then its wounds healed instantly. The cattail plant's pollen is now used as a medicine for external injuries.

Some home remedies could be scientifically baseless. However, not all of these remedies are ineffective as the story of 'The White Rabbit of Inaba' illustrated.

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## 3 VOCABULARY

語い

Directions: First repeat after your tutor and then read aloud by yourself.

課題: 先生の後が続いてくり返した後、今度はひとりで発音してみましょう。

**ancestor** 先祖

**remedy** 治療・両方

**mythological story** 神話

**stripped** 皮を剥がれた、衣服を脱いだ

**cattail** ガマ (植物)

**external injury** 外傷

**baseless** 根拠のない

**ineffective** 効果のない

**illustrated** 描かれた、(実例で)示された

## 4 QUESTIONS

質問

Directions: Read the questions aloud and answer them.

課題: 質問を声に出して読んだ後、答えてみましょう。

1. Where do home remedies come from?
2. What did God Okuninushi say to the white rabbit?
3. What is cattail plant used for nowadays?
4. Tell your tutor about home remedies you use.