

Survey: Nearly Half of Tokyo Women in 20s Met Spouses via Apps

東京都に住む20代女性では、約45%がマッチングアプリをきっかけに結婚したという調査結果が発表されました。スマートフォンの普及とともに、人と出会う方法は大きく変化しています。一方で、出会いの形が変わっても、お互いを理解し、信頼関係を築くことの大切さは変わらないのかもしれませんが。あなたは、これからの時代、人と人との出会いや人間関係はどのように変わっていくと思いますか。



1. Article

Read the following article aloud.

A recent [survey](#) found that 45% of married women in their 20s living in Tokyo met their [spouse](#) through a dating app, highlighting the growing role of online services among younger generations in urban areas.

The survey was [conducted](#) in April by Enito Group, a Tokyo-based operator of dating apps. It polled 2,352 married men and women aged 20 to 29 across Japan.

Among married people in their 20s living in Tokyo, 39.6% of both men and women said they met their spouse through a dating app, accounting for nearly 40% of [respondents](#) overall. Nationwide, dating apps were also the most common route to marriage in this age group, cited by 27.2% of respondents.

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Source: Survey: Nearly Half of Tokyo Women in 20s Met Spouses via Apps

1. Article

The next most common ways couples met were through the workplace, followed by introductions from friends or acquaintances, and then through school. This ranking was consistent nationwide and in Tokyo.

A separate survey by the company, covering 6,203 married men and women aged 20 to 39 nationwide, found that marriages originating from dating apps were particularly common in major urban areas.

By prefecture, Tokyo recorded the highest share of dating app marriages at 33.3%, meaning roughly one in three married couples there met through an app. It was followed by Osaka (26.7%), Aichi (25.2%), and Fukuoka (25.2%). Across these four major [metropolitan](#) prefectures combined, the figure stood at 28.7%.

Looking at the Greater Tokyo area—Tokyo, Kanagawa, Chiba, and Saitama—26.8% of married respondents said they met through a dating app, compared with 22.8% in the other 43 prefectures, a gap of four percentage points.

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2. Key phrases and vocabulary

First repeat after your tutor and then read aloud by yourself.

1. survey 調査

The school plans to send out a survey about student lunches.

2. spouse 配偶者

Feel free to bring your spouse or a close friend to the company dinner.

3. conduct 実施する

The scientist conducted a study of honeybees.

4. respondent 回答者

Every respondent in the survey had positive things to say about the restaurant.

5. metropolitan 大都市の

The metropolitan railway serves millions of passengers every day.

3. Questions

Read the questions aloud and answer them.

1. What percentage of married women in their 20s living in Tokyo met their spouse through a dating app?
2. Which four prefectures were listed as major metropolitan areas in the survey?
3. What was the difference between the Greater Tokyo area and the other prefectures in the share of dating app marriages?
4. Why do you think dating apps are more popular in large cities?
5. How do you think technology has changed the way people build relationships?

4. 20代の結婚のきっかけ1位は「マッチングアプリ」 都内在住の女性で約45% 民間調査

東京都内在住の20代女性の結婚のきっかけは、45%が「マッチングアプリ」一。そんな調査結果が出た。特に都市部の若い世代では、結婚につながる相手と知り合う経路として手軽な「出会い探しサービス」が存在感を高めていることが浮き彫りになった。

調査は今年4月、マッチングアプリ「Omiai」「with」を運営するエニトグループ（東京都渋谷区）が、全国の20～29歳の既婚男女2352人を対象にアンケート形式で行った。

「20代の東京都内在住」でみると、男女全体でもマッチングアプリがきっかけという回答は39.6%と4割近くにのぼり、全国の男女でみた場合でも27.2%と最多だった。

2位は「職場」、3位は「紹介」、4位「学校」となり、この順位は「全国の男女」「東京都内の男女」でも共通していた。

同社が同じ質問で全国の20～39歳の既婚男女6203人を対象にした別の調査では、都市部で「マッチングアプリ婚」が多い傾向が分かった。

都道府県別での「マチアプリ婚」は、東京都で3人に1人にあたる33.3%と最も高く、続いて大阪府26.7%、愛知県25.2%、福岡県は25.2%となった。東京都・大阪府・愛知県・福岡県の大都市4都府県の合計は全体の28.7%。首都圏1都3県（東京都・神奈川県・千葉県・埼玉県）でみると26.8%と、1都3県以外（43道府県）の22.8%を4.0%上回った。

都市での生活スタイルや働き方の多様化に伴い、マッチングアプリが結婚のきっかけとして浸透していることがうかがえた。

出典：20代の結婚のきっかけ1位は「マッチングアプリ」 都内在住の女性で約45% 民間調査

[Japan Forward](#)